

BREAKFAST

(Served from 7.00am to 9.45am)

SANDWICHES: Toast, bagel, English muffin or Kaiser roll.

Croissant available for an extra .50c

- Egg & cheese 3.30
- With bacon, sausage patty or ham 4.00
- Add spinach and tomato .75

HOT WRAPS: Large flour tortilla

- 2 fried eggs with American or shredded cheese 5.20
- With bacon, sausage patty or ham 5.95
- Add spinach and tomato 1.25

PLATTERS: Served with hot toast (2)

- 2 fried or scrambled eggs 4.76
- With diced ham 5.40
- With side of bacon or sausage patty 5.60
- Add cheese .75

SIDES:

- Extra fried egg or hash brown patty 1.50
- Bacon (3) or sausage patty (2oz) 1.88
- Toast (2) or English muffin 2.00
- Bagel & cream cheese 3.00
- Extra cream cheese .50

LUNCH

(Served until 2.00pm)

SANDWICHES: White, wheat or rye with lettuce, tomato, pickle & onion. Served with potato salad, dill pickle spears OR chips

- Egg salad 6.00
- Tuna mayo 6.20
- Roast chicken 6.50
- Ham OR turkey with cheese 6.50
- Club with Swiss 6.70
- B.L.T. 6.50
- Homemade chicken salad 6.70
- Add cheese .75
- Add bacon (2) 1.00

WRAPS: Large tortilla wrap made to order with vegetables and dressing. Served with potato salad, dill pickle spears OR chips

- Variety salad vegetables with cheese 7.00
- Egg salad OR Tuna mayo 7.25
- Chicken Caesar OR B.L.T. 7.50
- Ham OR turkey with cheese 7.50
- Roast chicken OR Italian 7.50

SUPER SALADS: Spring mix, tomatoes, cucumbers, bell peppers, olives and red onions

- Small side salad 3.50
- Large salad 5.50
- Egg salad OR Tuna mayo 6.75
- Roast chicken OR homemade chicken salad 6.95
- Chicken Caesar 6.95
- Low carb cheeseburger salad 7.50
- Chef salad: ham, turkey, cheese and egg 7.50
- Add shredded cheese .60

SMOOTHIES: 16oz smoothies and shakes:

We NEVER add water or ice ALL \$5.00

Milk based:

- Popeye: spinach, peanut butter and banana
- PB & J: strawberries, peanut butter and banana
- Patriot: strawberries, blueberries and banana
- Banana blossom: bananas and honey
- Old school: strawberries and banana
- Chocana: Bananas and chocolate syrup

OJ based:

- Fruit bomb: strawberries, peach, pineapple, mango, blueberries and honey
- Berry blush: strawberries, blueberries and honey
- Fruit blast: strawberries, peach, pineapple and mango

